# Faculty & Staff Guide Assisting Students of Concern

## **EMERGENCY**

UC Davis Police 911 or 530-752-1230

- Clear and imminent danger, life-threatening situations
- · Personal safety concerns

### **NON-EMERGENCY**

## **For Distressing Students**

Student Judicial Affairs (SJA) 530-752-1128 sja@ucdavis.edu -or- Care Management aggiecare@ucdavis.edu

#### Examples:

- Intimidating or threatening behavior
- Violating boundaries
- Expressing or describing violent themes

### For Students Experiencing Distress

## Student Health & Counseling Services (SHCS) 530-752-2349

- **Urgent care services** at Student Health & Wellness Center
- Non-Urgent mental health services by appointment at North Hall

UC Davis Just in Case shcs.ucdavis.edu/justincase/ Mobile website

#### Examples:

- Signs of depression or anxiety
- · Recent trauma
- Deteriorating academic performance
- Writing/talking about wanting to harm oneself or others

#### Provides information on:

- Signs of distress
- Tools to help a friend in need
- Accessing campus resources

Consultation with both SJA and SHCS may be best when responding to a student of concern. This ensures comprehensive care for the student.

#### **RESOURCES** 24 Hour/After Hours SHCS After Hours Counseling 530-752-2349 **CVPP Victim Advocate** 530-752-1727 Suicide Prevention (24-hour crisis lines): Davis 530-756-5000 National Suicide Prevention Lifeline 1-800-273-TALK (8255) Sutter-Davis Hospital 530-756-6440 Woodland Memorial Hospital 530-662-3961 For Students Campus Violence Prevention Program (CVPP) 530-752-3299 The Mind Spa 530-752-2790 Sexual Harassment Anonymous Call Line 530-752-2255 Student Health and Wellness Center (SHWC) 530-752-2300 UC Davis Escort Services 530-752-2677 UC Davis Police (non-emergency) 530-752-1727 For Faculty/Staff Academic and Staff Assistance Program (ASAP) 530-752-2727 Workplace Violence Prevention Information 530-747-3854 In the Community Davis City Police 530-747-5400 Empower Yolo (resources and 24 hour crisis line) 530-662-1133





## **Assisting Students of Concern**

## Guidelines for Responding to Students of Concern

**Be Proactive:** Engage students early on, looking for signs of distress and setting limits on disruptive behavior.

**Safety First:** The welfare of the student and the campus community is the top priority when a student displays a potential of harm to oneself or others. Do not hesitate to call for help.

**Listen Sensitively and Carefully:** Use a non-confrontational approach and a calm voice. Avoid judgment. Express your concern and your desire to help.

**Be Direct:** Don't be afraid to ask students directly if they are under the influence of alcohol or drugs, feeling confused, or having thoughts of harming themselves or others.

**Follow Through:** Connect the student to the resources that will help them. Be open to calling these resources ahead of time or walking the student to them.

**Consultation and Documentation:** Always consult with campus partners: a department chair, supervisor, SJA, SHCS. Document your interaction with a student of concern. You are never alone in assisting students of concern.

**Self Care:** Supporting our students can take an emotional toll. Feel welcome to reach out for your own support through the Academic & Staff Assistance Program (530) 752-2727

STUDENT HEALTH AND COUNSELING SERVICES





## What about Privacy Laws and Confidentiality?

- Information that the University maintains about a student is considered the student's educational record.
- In general, a student's educational record cannot be released to third parties outside of the University without the student's written consent.
- Information can be shared with others at the University who have a legitimate educational interest. This includes the Police, Counseling Services, Student Judicial Affairs, Care Management, and others. If in doubt, contact Student Judicial Affairs or campus legal counsel for guidance.
- Sharing information within the University is critical. Not sharing information about a student of concern could lead to tragic consequences as well as a judgment that the University failed to do its part.

## **ADDITIONAL RESOURCES**

### **For Students**

Alcohol, Tobacco & Other Drugs	
Intervention Services (ATOD)	530-752-6334
Cross Cultural Center (CCC)	530-752-4287
Educational Opportunity Program (EOP)	530-752-9366
Lesbian, Gay, Bisexual, Transgender, Queer,	
Intersex, Asexual Resource Center (LGBTQIA RC)	530-752-2452
Student Disability Center (SDC)	530-752-3184
Student Recruitment & Retention Center (SRRC)	530-754-6836
Transfer Reentry Veterans Center	Transfer - 530-752-2200
	Veterans - 530-752-2020
Women's Resources & Research Center (WRRC)	530-752-3372