Faculty & Staff Guide Assisting Students of Concern

EMERGENCY

UC Davis Police 911 or 530-752-1230

- Clear and imminent danger, life-threatening situations
- Personal safety concerns

NON-EMERGENCY

For Distressing Students

Office for Student Support & Judicial Affairs (OSSJA) 530-752-1128 Student Conduct: sja@ucdavis.edu Student Support/Case Management: aggiecare@ucdavis.edu

Examples:

- Disruptive behavior
- Violating boundaries
- Intimidating or threatening behavior
- Expressing thoughts of harm

For Students Experiencing Distress

Student Health & Counseling Services (SHCS) 530-752-2349

- **Urgent care services** at Student Health & Wellness Center
- Non-Urgent mental health services by appointment at North Hall

UC Davis Just in Case shcs.ucdavis.edu/justincase/ Mobile website

Examples:

- Signs of depression or anxiety
- · Recent trauma
- Deteriorating academic performance
- Writing/talking about wanting to harm oneself or others

Provides information on:

- Signs of distress
- Tools to help a friend in need
- Accessing campus resources

Consultation with both SJA and SHCS may be best when responding to a student of concern. This ensures comprehensive care for the student.

RESOURCES 24 Hour/After Hours SHCS After Hours Counseling 530-752-2349 Center for Advocacy Resources & Education (CARE) Emergency On-call Advocate 866-515-0155 Suicide Prevention (24-hour crisis lines): Davis 530-756-5000 National Suicide Prevention Lifeline 1-800-273-TALK (8255) 530-756-6440 Sutter-Davis Hospital Woodland Memorial Hospital 530-662-3961 **For Students** Center for Advocacy Resources & Education (CARE) 530-752-3299 The Mind Spa 530-752-2790 Harassment & Discrimination Assistance Program (HDAPP) Anonymous Call Line 530-752-2255 Student Health and Wellness Center (SHWC) 530-752-2300 UC Davis Safe Rides 530-752-2677 UC Davis Police (non-emergency) 530-752-1727 For Faculty/Staff Academic and Staff Assistance Program (ASAP) 530-752-2727 Workplace Violence Prevention Information 530-747-3854 In the Community Davis City Police 530-747-5400 Empower Yolo (resources and 24 hour crisis line) 530-662-1133





Assisting Students of Concern

Guidelines for Responding to Students of Concern

Be Proactive: Engage students early on, looking for signs of distress and setting limits on disruptive behavior.

Safety First: The welfare of the student and the campus community is the top priority when a student displays a potential of harm to oneself or others. Do not hesitate to call for help.

Listen Sensitively and Carefully: Use a non-confrontational approach and a calm voice. Avoid judgment. Express your concern and your desire to help.

Be Direct: Don't be afraid to ask students directly if they are under the influence of alcohol or drugs, feeling confused, or having thoughts of harming themselves or others.

Follow Through: Connect the student to the resources that will help them. Be open to calling these resources ahead of time or walking the student to them.

Consultation and Documentation: Always consult with campus partners: a department chair, supervisor, SJA, SHCS. Document your interaction with a student of concern. You are never alone in assisting students of concern.

Self Care: Supporting our students can take an emotional toll. Feel welcome to reach out for your own support through the Academic & Staff Assistance Program (530) 752-2727

STUDENT HEALTH AND COUNSELING SERVICES





What about Privacy Laws and Confidentiality?

- Information that the University maintains about a student is considered the student's educational record.
- In general, a student's educational record cannot be released to third parties outside of the University without the student's written consent.
- Information can be shared with others at the University who have a legitimate educational interest. This includes the Police, Counseling Services, Office for Student Support & Judicial Affairs (OSSJA), Care Management, and others. If in doubt, contact OSSJA or campus legal counsel for guidance.
- Sharing information within the University is critical. Not sharing information about a student of concern could lead to tragic consequences as well as a judgment that the University failed to do its part.

ADDITIONAL RESOURCES

For Students Alcohol, Tobacco & Other Drugs Intervention Services (ATOD) 530-752-6334 Cross Cultural Center (CCC) 530-752-4287 Educational Opportunity Program (EOP) 530-752-9366 Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual Resource Center (LGBTQIA RC) 530-752-2452 Student Disability Center (SDC) 530-752-3184 Student Recruitment & Retention Center (SRRC) 530-754-6836 Transfer - 530-752-2200 Transfer Reentry Veterans Center Veterans - 530-752-2020 Women's Resources & Research Center (WRRC) 530-752-3372