### CAMPUS VIOLENCE: WHAT FACULTY SHOULD KNOW

All Faculty Bag Lunch Session March 1, 2018

### GOALS

- Promote a safe teaching, learning and working environment
- Increased understanding of potential problem behaviors
- Learn and practice strategies for responding to disruptive and threatening behavior
- Greater understanding of immediate strategies to promote safety
- Familiarity with campus resources for assistance

### CAPT. JENNIFER GARCIA, SGT. PAUL HENOCH & OFF. RAY HOLGUIN



### **UC Davis Police Department**

### **UC DAVIS POLICE DEPARTMENT**

## •Similar to a city or country police department

On-campus police department
On-campus fire department
On campus 911 dispatch center

-24/7 Patrol

Patrol officers
Bike officers
Motorcycle/traffic officers
Foot patrol
Community Outreach Unit
Detectives

### **MASS NOTIFICATION**

**·UC** Davis WarnMe

· Website: https://warnme.ucdavis.edu/index.html



Continuous review of Davis City information
 NIXLE



#### **AGGIE GUARDIAN**



Aggie Guardian is a mobile app, by Rave Guardian, for personal safety that is available to anyone with a "ucdavis.edu" email address. The app is free and using it is optional.

Eyewitness reports — Send text tips — and even photos — if you see something suspicious.

• Aggie Guardian profile • 911 calls •

#### **EMERGENCY CALL BOXES**

We have 8 Emergency Call boxes throughout UC Davis campus, 7 in the Arboretum and 1 at West Village.

Future plans to add several more throughout campus this year.

### EMERGENCY 911 – 530-752-1230 NON-EMERGENCY 530-754-COPS (2677)



- Active Shooter Survival Workshop Run, Hide, Fight
   Schedule a training at PD Website: <u>http://police.ucdavis.edu</u>
- We offer Active Shooter presentation through campus:
   Sept. 20, 2017 March 1, 2018
   November 1, 2017 April 12, 2018
  - December 7, 2017
  - February 15, 2018

What To Expect during an Active Incident ...

Noise, confusion, chaosHigh stress environment

**RESPONSE TO LAW ENFORCEMENT DIRECTION** - Follow instructions and get control of yourself

#### Calling Dispatch to Report an Emergency...

- What
- Where
- Who

### Do not hang up! (unless your safety requires you to do so)

#### **PROVIDE INFORMATION TO DISPATCH- BE CONCISE**

#### What to expect during an Active Incident ...

#### Building Evacuations

- "Active Incidents" are not like a fire drill.
- May not be a specific rally point
- Move to a safe distance behind cover.



### **SELF DEFENSE TRAINING**

 We offer Self Defense Training for all Faculty, Staff and Students

Visit our website, to schedule your training:

http://police.ucdavis.edu



### **CRIME PREVENTION**



- We provide crime prevention resources, as well as classroom presentations on general and specific crime prevention topics such as:
  - Personal safety
  - Office and Facility Security
  - Workplace violence
  - Suspicious package recognition
  - Managing angry clients and other subjects as requested.

Website: http://police.ucdavis.edu

### **TRAININGS & PRESENTATIONS**

- On a continuous basis we offer:
- Self Defense Training
- Safe Rides Services
- Personal Safety Presentations

### **OFFICER CHARLIE K-9**

### K9 Officer Charlie is a rescue and now the department's friendliest officer!

Trained in: Explosive Detection Evidence Search



facebook.com/UCDavisCharlie & Instagram-UCDCharlie

## **USEYOUR RESOURCES**

UC Davis Police (530) 754-COPS www.police.ucdavis.edu facebook.com/UCDavisPoliceDepartment Twitter-@PoliceUC Instagram-@UCDavisPolice Warn me https://warnme.ucdavis.edu/index.html

## **QUESTIONS?**



### DIRECTOR DON DUDLEY CASE MANAGER JENNIFER CHOW

**Office of Student Support and Judicial Affairs** 

#### **STUDENTS OF CONCERN**

**Distressed Students** 

- Academic difficulties
- Depressed
- Anxious
- Basic needs insecurity
- Disconnected from reality
- Suicidal

#### **STUDENTS OF CONCERN**

#### **Distressing Students**

- Intimidating; raising voice, refusing to leave office;
- Disruptive in class or office hours; interfering with classroom learning environment;
- Excessive e-mails and contact;
- Expectation of special treatment;
- Demanding, doesn't take no for an answer;
- Aggressive, invades personal space, raises concern of possible threat or harm to others

#### **UC DAVIS POLICIES**

#### PPM 390-30 II Definitions:

"Disruptive behavior is aggressive behavior or conduct that may adversely affect the campus or workplace, may generate reasonable concern for personal safety, or may result in physical injury..."

#### Standards of Conduct for Students prohibit

"assault, threats of violence, or conduct that threatens health or safety" and "Obstruction or disruption of teaching, research, administration, disciplinary procedures, or other University activities.

#### http://manuals.ucdavis.edu/ppm/390/390-30.pdf

#### **TEAM APPROACH**

- Team / Case Management approach
- Policies and procedures of University
- Follow your instincts; report your concerns
- Sometimes people feel like they are getting a student "into trouble"



#### **RESOURCES AND TEAM MEMBERS**

- UC Davis Police: 752-1230 or 911 (emergency)
- Student Health & Counseling Services (SHCS)
- Academic and Staff Assistance Program (ASAP)
- Office of Student Support and Judicial Affairs (OSSJA)
- Student Disability Center (SDC)
- Harassment & Discrimination Assistance and Prevention Program (HDAPP)
- Title IX
- Center for Advocacy Resources & Education (CARE) 752-3299

#### **RESPONDING TO DISTRESSED STUDENTS**

- Observe
- Initiate contact/Engage
- Listen, paraphrase, reflect feelings
- Offer options and refer
- Consult
- Get support for your own reactions
- Be clear on your role

#### **STUDENT HEALTH & COUNSELING SERVICES**

#### Individual Counseling

Short-term therapy to all registered UCD students at no charge; Referrals to off campus providers for long term counseling; SHCS appointment line: **752-2349** 

#### Urgent Mental Health Care Services

Available at the Acute Care Clinic, 1<sup>st</sup> floor of the Student Health & Wellness Center Walk to Acute Care or call **752-2349** for advice nurse assessment

#### **After Hours Mental Health Consultation**

Mental health staff available 24 hours/7 days week by phone at **752-2349** Follow phone prompts to reach mental health counselor

#### **RESPONDING TO DISTRESSING STUDENTS**

- Don't ignore; address early; progressive approach
- Set limits; be willing to end a meeting; asking student to leave
- Set boundaries; don't get sucked in
- Focus on the student's behavior; explain what is not acceptable
- Don't get into an argument or shouting match
- Listen, respond to student's feelings
- Don't make promises
- Don't promise confidentiality

#### **RESPONDING TO DISTRESSING STUDENTS**

- Your expectations
- Due process
- Frustration
- Single point of contact
- Safe meeting area
- Interim suspension
- Case management, monitoring

#### **POTENTIALLY VIOLENT STUDENT**

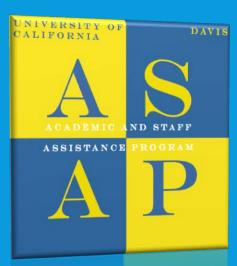
- Rare event
- Be mentally prepared
- Pre-plan
- Know your surroundings
- Active Shooter Training
- <u>http://police.ucdavis.edu/divisions\_services/outrea</u> <u>ch/active-shooter-survival-workshop.html</u>

#### **TAKE CARE OF YOURSELF**

- Consult: share the responsibility
- Tell someone
- Know when to refer
- Know who to refer to many campus resources
- Know limits of confidentiality
- Don't promise anything you can't deliver!

### DISCUSSION

## **DIRECTOR ROB STARKEY**



Academic and Staff Assistance Program

### ACADEMIC & STAFF ASSISTANCE PROGRAM (ASAP)

- Counseling Center for Faculty, Staff, and immediate family members who live in their households
- Free Individual, Couples, and Group Counseling
- **Violence Prevention Consultations**
- Departmental Consultations
- Debriefings
- Presentations

#### WARNING SIGNS THAT INCREASE RISK

**Threatening/Disruptive/Violent Behavior** 

**Substance Abuse** 

Irrational or Bizarre Behavior/Paranoia

**Fascination/Owns Weapons/Violence History** 

**Situational Factors (personal & professional)** 

**Emotional Instability** 

**Defiance/Demands/Intimidation** 

Threats to harm self, others, or property

**Others express FEAR and CONCERN** 

## **The Angry Person**

- **\*Observe:** when there are outward signs of intoxication, hallucinations, or bizarre speech, contact the Police Department immediately. After doing so, simply listen to the complaint until assistance arrives.
- \*Listen: Listen to the person's complaint. He/she may need to know that you are willing to help them and are a top priority to you.
- \*Avoid defensiveness: Do not defend the action of your department as the person complains.

#### WHAT TO SAY AND HOW TO SAY IT: LEAP

- Listen: focus on what the other person is saying and convey you are paying attention (e.g., head nods, saying "mm-hmm," repeating main points).
- Empathize: show you are trying to understand what it is like to be in the other person's shoes (e.g., identify emotions the person described, paraphrase said concerns).
- Affirm: have the other person tell you what the problem is and confirm you understand the situation correctly.
- Plan: partner with the other person to find alternatives/resolutions to the problem.
  - Make it manageable and concrete. Repeat the plan and have the other person agree to the course of action.

## **Additional Personal Safety Tips**

- \*<u>Do not allow the person to sit between you and the door.</u> You must have ability to exit first and last.
- \*<u>Remain seated 2-3 arm lengths away.</u> This gives adequate distance from the person, yet provides for effective communication. **Don't turn your back to the person.**
- Don't have scissors or sharp or unsecured heavy objects on your desk or within reach during the incident; these could potentially be used as weapons.
- \*If possible, have another person of the opposite gender in the room when speaking with the person of concern. The third person can also provide solutions or alternatives to the problem.

# Responding to Disruptive and threatening behavior



- Describe the consequences of violent behavior. For example, "I understand that you are angry, but violence won't get us to a solution."
- \*If you feel you are in danger, alert the police department immediately. Human resources should then be notified as soon as it is safe to do so.
- \*If you see a weapon, immediately call 9-1-1 and then leave the area as soon as it is safe for you to do so.

## **QUESTIONS?**



## **STEPHEN GREEN**

Executive Director, Employee and Labor Relations Chair, Workplace Violence Prevention Committee



## **UC DAVIS POLICIES**

#### Academic Personnel Manual (APM) 015

"Forcible detention, threats of physical harm to, or harassment of another member of the University community, that interferes with that person's performance of University activities."

#### PPM 390-30 II Definitions:

"Disruptive behavior is aggressive behavior or conduct that may adversely affect the campus or workplace, may generate reasonable concern for personal safety, or may result in physical injury..."

Standards of Conduct for Students prohibit "assault, threats of violence, or conduct that threatens health or safety"

## CAMPUS VIOLENCE ASSESSMENTTEAMS

**Threat Assessment Process** 

Multi-disciplinary Expertise for Problem Resolution

**Recommendations vs. Mandates** 

**Campus Safety vs. Individual Rights** 

## REASONS TO CONTACT A RESPONSE TEAM

Appears to pose a threat to him/herself or to others Makes implicit or explicit threats of harm Contact the Team if you have a concern about a student/staff Engages in disruptive, bizarre, unusual, or **bullying behavior** Otherwise causes you concern for his/her welfare or that of others

## **USEYOUR RESOURCES**

#### UC Davis Police Department

Emergencies, call 911; Non-Emergencies call (530) 754-COPS (2677)

#### UC Davis Fire Department 530-752-1234

### Academic and Staff Assistance Program 530-752-2727

#### Office of Student Support and Judicial Affairs 530-752-1128

#### Workplace Violence Prevention Committee 530-754-8892 / 530-752-2727

Remember to inform or seek assistance from the Department Chair and/or the Deans' Office as needed

### DISCUSSION

### THANKYOU