Faculty Parent Support Group

Individualized support via one-on-one communication and monthly drop-in group meetings each quarter. Also invited guest speakers on specialized topics.

Strategize how to manage work life balance and communicate with colleagues and chairs.

Explore what is working, what is not, and the resources that help faculty parents get what they need from their departments and UCD.

Faculty Parent Support Group

Contact Diane Wolf for information or a one-on-one consultation: <u>dlwolf@ucdavis.edu</u>

Website and Zoom information:

https://academicaffairs.ucdavis.edu/faculty-support-group-new-parents

Upcoming Fall meetings

- October 18
- November 7
- November 30



Family Friendly Recommendations for Chairs

How you can support balance between family care and professional responsibilities:

- . Connect faculty to the Academic Work Life Program
- . Discuss scheduling courses with faculty who have family care needs
- . Consider the impact on faculty when scheduling department events, meetings, activities
- . Check in with faculty who have family care responsibilities
- Connect faculty to important resources like the Faculty Parent Support Group and Faculty Work Life Advisors

Full document: https://academicaffairs.ucdavis.edu/work-life