

UC Davis - Faculty Parent Support Group

**Diane Wolf
Professor Emerita,
Department of Sociology**

Faculty Parent Support Group

The New York Times

Surgeon General: Parents Are at Their Wits' End. We Can Do Better.

Aug. 28, 2024



<https://academicaffairs.ucdavis.edu/faculty-support-group-new-parents>

Faculty Parent Support Group

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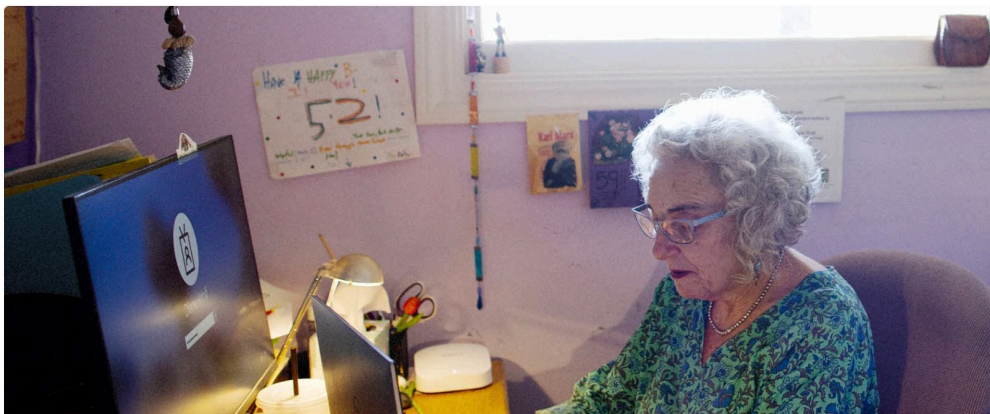
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COMPETING DEMANDS

This 'Academic Doula' Calms the Panic of Faculty Parents

By [Megan Zahneis](#) | December 4, 2023



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<https://www.chronicle.com/article/th-is-academic-doula-calms-the-panic-of-faculty-parents>

Faculty Parent Support Group

Individualized support via one-on-one communication and monthly drop-in group meetings each quarter. Also invited guest speakers on specialized topics.

Strategize how to navigate work life and communicate with colleagues and chairs.

Explore what is working, what is not, and the resources that help faculty parents get what they need from their departments and UCD.

Family Friendly Recommendations for Chairs

How you can support balance between family care and professional responsibilities:

- Connect faculty to the Academic Work Life Program
- Discuss scheduling courses with faculty who have family care needs
- Consider the impact on faculty when scheduling department events, meetings, activities
- Check in with faculty who have family care responsibilities
- Connect faculty to important resources like the Faculty Parent Support Group and Faculty Work Life Advisors

Full document: <https://academicaffairs.ucdavis.edu/work-life>

Faculty Parent Support Group

Contact Diane Wolf for information or a one-on-one consultation:
dlwolf@ucdavis.edu

Website and Zoom information:

<https://academicaffairs.ucdavis.edu/faculty-support-group-new-parents>

Meeting for 2026-27 will be posted soon.



Resources

- Article from the Surgeon General declaring "Parents are at their Wits End" <https://academicaffairs.ucdavis.edu/faculty-support-group-new-parents>
- Article about this program from the Chronicle of Higher Education, <https://www.chronicle.com/article/this-academic-doula-calms-the-panic-of-faculty-parents> .
- Best Practices for Departmental Chairs, <https://aadocs.ucdavis.edu/programs/work-life-resources/family-friendly-practice-recs-for-academic-departments-september-2023.pdf> .