## **Ombuds Office**

Come with a problem. Leave with a plan.

Presented by: Lauren Bloom, MA, MSSW, CO-OP

**Director and Ombuds** 

Tuesday, September 17, 2023

**New Faculty Orientation** 

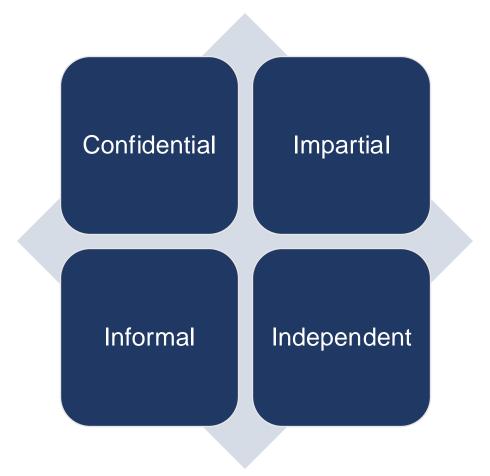


## Overview and Mission Statement

The Ombuds Office is an informal and confidential resource designed to help members of the UC Davis, UC Davis Health (UCDH), and UC Agriculture and Natural Resources (UC ANR) communities successfully navigate conflict. Our mission is to provide a safe place to discover pathways for conflict management and problem solving in support of fair and collaborative professional and academic experiences in a diverse and changing world.



# **Guiding Principles**





### **Ombuds Services**



**Individual Meetings** 



Mediation and Group Work



Systemic and Trend Feedback



Information Sessions



Community-Wide Workshops and Tailored Trainings



# Conflict Competence Workshops

### Faculty and staff topics include:

- Conflict Competence for Managers and Supervisors
- Conflict Competence for Staff
- Listening to Be Heard
- Creative Problem Solving in the Workplace
- From Bystander to Upstander
- Civility and Respectful Communication
- Navigating Conflicts for Successful Collaborations
- Getting to the Root of Group Conflict
- Constructive Feedback for Positive Change

#### Student topics include:

- Navigating Difficult Dialogues
- Facilitating Difficult Conversations
- Conflict Competence for Graduate Students and Postdocs



# Workshop Effectiveness Survey

**94%** responded "I feel more confident in my ability to manage or resolve a conflict at work because of the tools and skills I gained from the workshop."

87% of respondents stated it was true that "I have been able to apply the tools and skills I gained from the Ombuds workshop to more effectively manage a conflict at UCD."

"Communication problems with my supervisor were resolved using some of the tools provided." (Staff Manager/Supervisor, Ombuds Workshop Effectiveness Over Time Survey, Feb 2022)



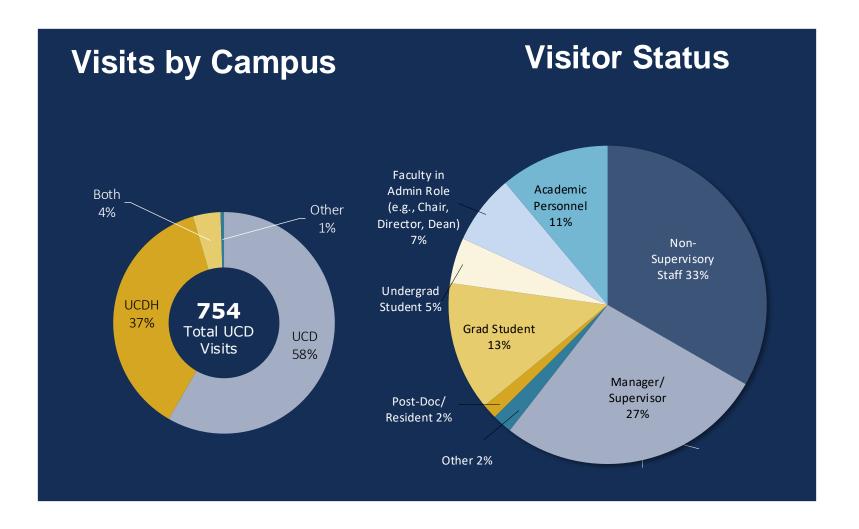
# Common Topics of Concern for Faculty

- Merit reviews and the step process
- Departmental hiring decisions
- Graduate student issues.
- Curriculum consideration
- Teaching and service assignments
- Scholarly expectations
- Space distribution
- Collegial communication

"Conflict competence is the ability to develop and use **cognitive**, **emotional**, **and behavioral skills** that enhance productive outcomes of conflict while reducing the likelihood of escalation or harm. The results of conflict competence include improved quality of relationships, creative solutions, and lasting agreements for addressing challenges and opportunities in the future. As with all competencies, people can learn ways to improve, change, and develop."

Mediation Training Institute, Conflict Dynamics Profile, Eckerd College Leadership Development Institute, http://www.conflictdynamics.org/blog/2013/11/conflict-competence/, 2021.





The Ombuds Office handled 541 new cases, 208 repeat visits, 31 additional ANR visits, and 5 distinct mediations, totaling 785 visits. Visits are scheduled for 90 minutes and mediations for 3 hours



### A Conversation with Dylan Marron

Empathy is not endorsement

Monday, November 4, 2024 12:00pm – 1:00pm

For faculty and staff

Join us for this Q&A-style webinar to learn:

- How to remain authentic while managing your own reactions when you strongly disagree
- How to dialogue in a way that bridges divisive issues
- How to ask questions to unlock what really matters for you and the other person

Award-winning writer and producer of the podcast and book "Conversations with People Who Hate Me". Creator of "Every Single Word", a video series that edits popular films to feature only words spoken by POC. Writer for hit series "Ted Lasso".





Come with a problem. Leave with a plan. Register at <a href="https://ombuds.ucdavis.edu/events">https://ombuds.ucdavis.edu/events</a>

or with this QR code

Upon registration, you can submit your own questions for Dylan Marron.



# **Ombuds Office Updates**



Sign-up to receive updates about our workshop offerings, tip sheets and more!



## Ombuds Office Team



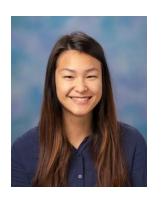
Lauren Bloom, MA, MSSW, CO-OP Director and Ombuds



CO-OP
Senior Associate
Ombuds



Jason Karim-Baker, MA, CO-OP Senior Associate Ombuds



Jenny Vaccari, MEd, CO-OP Associate Ombuds



Katie Ranney, MA Assistant Ombuds



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### **Davis Campus**

3<sup>rd</sup> & A Building 207 Third St. Suite 220 Tel. 530.754.7233

### Sacramento Campus

Davis I Building 2360 Stockton Blvd. Suite 1300 Tel. 916.734.1600

For additional information, please visit our website: ombuds.ucdavis.edu

A note about email: To protect confidentiality, the Ombuds does not keep records. The best way to schedule is by phone, but if you choose to email we do not retain the email or respond to content.

